



MISSISSIPPI'S JOURNEY..... MEETING THE NEW NUTRIENT STANDARDS

Mississippi School Nutrition Association



The Nutrition Standards in the National School Lunch and School Breakfast Programs: Proposed Rule

Mississippi Child Nutrition Programs agree with the philosophy and intent of the proposed new rules, and we are

aware of Mississippi's health status and need as a state to make these changes.

However..... We have concerns about the increased costs to meet these meal standards. These concerns will create a decrease in participation, availability of products, and need for nutrition education.

We are willing to be the catalyst which will make it happen but must be able to do so within the limits of practicality.



IT HAS TAKEN MANY DEDICATED CHILD NUTRITION PROFESSIONALS TO DEFEAT THE MANY CURVES DEALT US ON A DAILY BASIS.



From 1946 we have traveled far as we have nourished Mississippi students with our Child Nutrition Programs. Through the years we have accepted the many challenges and will be the catalyst for the future!

The new meal patterns are based on the National Academies' Institute of Medicine (IOM) recommendation to update the meal patterns for the National School Lunch and Breakfast Programs to make them consistent with the 2005 Dietary Guidelines for Americans.



How will this Law affect Child Nutrition Programs?



- **The Nutrition Standards in the National School Lunch and School Breakfast Programs: Proposed Rule was published January 13, 2011.**
- **A formal notice has been set up for comments until April 13th 2011.**
- **Implementing IOM's recommendations and raising the quality of school meals will mean *significant changes* for virtually all schools in the program.**
- **Schools will be required to serve increased portions of fruits, vegetables and whole grains, while *limiting sodium and calories in the meals*.**
- **The new law *requires implementation* within the next 18 months!**

This is just a short introduction to the 100 page law, our intent is to provide you with the knowledge you will need to make comments and prepare for the implementation process.

MSNA has designated a task force to identify major concerns across our State. These concerns should be submitted to USDA prior to the final implementation of the new Regulations.

They are as follows:

➤ Cost -will exceed what has been estimated for the implementation year 2015, 14 cents for lunch and 50 cents for breakfast.

- Weighted Choices- School TA's will review menu and production records for two week period to assess compliance with the meal pattern; by conducting a weighted nutrient analysis .
- Combined Grade Levels- the challenge of changing portion sizes and sodium requirement as grades change . (K-12 sites)
- Training- SA's will be required to provide guidance and training..... When will the training materials and guidance be available?

- Sodium-Schools will be required to reduce sodium by 10% and industry by 20-30% . The remaining reduction 60-70% requires Innovation.
- Product Availability- Current products on bid DO NOT meet sodium requirements and flavor profiles. Products will have to be modified to meet new regs. It is probable that costs of reformulating will increase.
- OVS - will be affected for Lunch and Breakfast.

➤ Participation- Any revision to the meal patterns and method of preparation may have an effect on student acceptance.

➤ CRE- Reviews cycle will change from 5-year to 3-year cycle.



**You Simply Cannot put a Price Tag on a Child's Health.....
The Cost will be their Academic Success and Our**

FAILURE.

OUR JOURNEY CONTINUES WE MUST REMAIN STEADFAST.



**Success is not final, failure is
not fatal: it is the courage to
continue that counts.**

Winston Churchill